

d-Mannose powder

INTRODUCED 2004

What Is It?

d-Mannose is a simple sugar found naturally in cranberries, pineapple, and other plant sources. It is metabolized in small amounts, the remainder of which is excreted via the urine.*

Uses For d-Mannose

Urinary Tract Support: As it is flushed out of the body, d-mannose maintains a healthy environment for the mucosal surface of the urinary tract.*

What Is The Source?

The source of d-mannose is birch/beech wood hydrolysate.

Recommendations

Pure Encapsulations recommends 1/2 teaspoon 3 times per day, mixed with water, with or between meals. Each container of d-mannose provides a 1/2-teaspoon scoop.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Although it is a simple sugar, very little d-mannose is actually metabolized. Therefore, it does not interfere with blood sugar regulation even for diabetics, though close monitoring is always advised.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

d-Mannose powder