

# Green Tea

Standardized Extract 300 mg



## DESCRIPTION

Green Tea Standardized Extract contains 300 mg of green tea extract, standardized to 50% polyphenols in a capsule.

## FUNCTIONS

Green tea (*Camellia sinensis*) has been used for many centuries as a popular beverage worldwide. Interestingly, green and black tea are made from the same plant, with black tea being created via the oxidation of green tea leaves. The polyphenols contained in tea, often referred to as catechins, appear to provide the primary health promoting benefits associated with green tea. One such catechin, epigallocatechin gallate (EGCG), has many antioxidant properties, in addition to supporting the body's normal response to inflammatory processes as well. Tea catechins also act as antimicrobial agents and as antioxidants

## INDICATIONS

Green Tea Standardized Extract may be a useful dietary adjunct for individuals wishing to supplement their diet with this well-known herb.

## FORMULA (WW #10079)

### 1 Capsule Contains:

Green tea leaf extract ..... 300 mg  
(*Camellia sinensis*)

(Standardized to 50% [150 mg] Catechins)

Other Ingredients: Gelatin, water (capsules), rice powder, cellulose, magnesium stearate and silica.

This product contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Our Standardized Green Tea Extract is produced by a European phytopharmaceutical company and is manufactured under strict European quality control standards without the use of harsh solvents. Like all European herbal extracts, the extraction of our Green Tea Extract is regulated to the same high standards as over-the-counter drugs. It is meticulously extracted to provide the optimal level of 50% natural occurring catechins. The green tea extract contains approximately 8% naturally-occurring caffeine.

## SUGGESTED USE

As a dietary supplement, adults take 1 capsule, 2 times daily with meals, or as directed by a healthcare professional.

## SIDE EFFECTS

No adverse effects have been reported.

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## REFERENCES

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- Geleijnse JM, Launer LJ, Hofman A, Pols HA, Witteman JC. Tea flavonoids may protect against atherosclerosis: the Rotterdam Study. *Arch Intern Med* 1999;159:2170-2174.
- Klaunig JE. Chemopreventive effects of green tea components on hepatic carcinogenesis. *Prev Med* 1992;21:510-519.
- Mukhtar H et al. Green tea and skin--anticarcinogenic effects. *J Invest Dermatol* 1994;102:3-7.
- Nakayama M et al. Inhibition of the infectivity of influenza virus by tea polyphenols. *Antiviral Res* 1993;21:289-299.

Manufactured For:

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