

# Niacin No-Flush

400 mg of Vitamin B-3 as Inositol Hexanicotinate



## DESCRIPTION

Niacin No-Flush contains 400 mg of niacin from 515 mg of inositol hexaniacinate in capsule form.

## FUNCTIONS

Vitamin B3, better known as niacin, regulates fundamentally important physiological functions within the body. Without it, the body cannot release energy from carbohydrates or fats that are consumed. In addition, studies have shown that it is helpful in the healthy metabolism of cholesterol. However, the quantities needed for cardiovascular effectiveness can cause a “flushing” sensation, including feelings of heat, itchiness and burning, especially around the facial area. These effects are due to histamine release from the mast cells, starting approximately 20 minutes after ingestion and lasting from one to one and a half hours. Thus, the need for an alternative to pure niacin has led to the usage of inositol hexaniacinate. This compound consists of six molecules of niacin and one molecule of inositol. When it is metabolized in the body, it is broken down into its components. Due to its chemical structure, supplementation with inositol hexaniacinate is generally better tolerated than niacin alone and is associated with a decreased likelihood of a flushing sensation.

## INDICATIONS

Niacin No-Flush may be a useful supplement for individuals wishing to support the body’s cardiovascular system.

## SUGGESTED USE

As a dietary supplement, adults take 1 capsule, 1 to 2 times daily with meals, or as directed by a healthcare professional.

## FORMULA (WW #10115)

### 1 Capsule Contains:

Niacin .....	400 mg
(as inositol hexanicotinate)	
Inositol .....	100 mg
(as inositol hexanicotinate)	

Other Ingredients: capsules (gelatin and water), rice powder, and magnesium stearate.

Our Niacin No-Flush will not cause the flush that is commonly associated with niacin use. It is derived from the finest inositol hexanicotinate available.

This product contains NO sugar, salt, dairy, yeast, gluten, wheat, corn, soy, preservatives, artificial colors or flavors.

## SIDE EFFECTS

No adverse effects have been reported.

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## REFERENCES

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- Farmer JA, Gotto AM Jr. Currently available hypolipidaemic drugs and future therapeutic developments. *Baillieres Clin Endocrinol Metab* 1995;9:825-847.
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Manufactured For:

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