

Ribose with ATP

*Supports Cardiovascular Health,
Exercise Endurance and Energy Production*



DESCRIPTION

Ribose is a simple sugar made in the body from glucose. Ribose plays an important role in the synthesis of RNA, DNA and the energy containing substance adenosine triphosphate (ATP).

FUNCTIONS

Adenosine triphosphate (ATP), is a high energy molecule in cells that is generated within the mitochondria. When in use, ATP is broken down to ADP (adenosine diphosphate) to provide energy. Energy from the breakdown of ATP drives many important reactions in the cell and needs to be constantly replenished, especially during exercise.

Mitochondria are tiny organelles found in every cell in the body. They are known as the “powerhouse of the cell” and are responsible for creating more than 90% of cellular energy. Mitochondria are necessary in the body to sustain life and support growth. Mitochondrial failure causes cell injury that leads to cell death. Many challenges associated with aging have been found to have defects of mitochondrial function. The ingredients in Ribose with ATP help to support energy via the production and recycling of ATP, and may increase exercise tolerance, improve cardiovascular output, enhance muscle strength and recovery, encourage oxygen utilization and physical stamina, and improve athletic performance and endurance.

Ribose has been used to improve symptoms of chronic fatigue syndrome (CFS), fibromyalgia, and coronary artery disease. Ribose has been used to prevent symptoms such as cramping, pain, and stiffness after exercise in people with an inherited disorder called AMPD deficiency. Ribose has also been used to improve exercise ability in people with McArdle’s disease, another inherited disorder. There is some evidence that supplemental ribose might prevent muscle fatigue in people with genetic disorders that prevent sufficient energy production by the body, and might provide extra energy to the heart during exercise in individuals with heart disease.

Ribose with ATP also includes the patented, clinically studied Peak ATP. Peak ATP helps increase strength and power, helps aid in recovery, reduce fatigue, and support healthy blood flow. Peak ATP increases blood flow at mg doses and

has been shown to increase lean body mass, strength and power in highly trained individuals. Oral, 400mg/day ATP supplementation is an apparently efficacious method when the goal is increasing post-exercise blood flow, oxygen and nutrient delivery.

INDICATIONS

Ribose with ATP may be a useful dietary supplement for those individuals looking to support cardiovascular health, exercise endurance, and energy production.

FORMULA (WW #10347)

One Scoop (5 grams) Contains:

Calories	20
Total Carbohydrates	5 gm
Sugar	5 gm
Ribose	5 gm
Peak ATP™	150 mg (adenosine triphosphate)

SUGGESTED USE

As a dietary supplement, adults mix 5 grams (2 teaspoons) with 6-8 ounces of water, stir briskly, and drink. Take twice daily, or more, on an empty stomach 30 minutes before meals, or as directed by a healthcare practitioner.

SIDE EFFECTS

Warning: Consult a healthcare professional before using this product if you are diabetic, insulin dependent, pregnant, or lactating.

STORAGE

Ribose with ATP is designed to be a free flowing powder prior to opening. After opening, store in a cool DRY place, away from direct light. Keep out of reach of children.

Manufactured For:

Good Life Pharmacy

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.